

Promising Practices in Suicide Prevention Awareness and Intervention

DAY 1 WEDNESDAY, OCTOBER 3

Suicide
Prevention
Congress

7:45 a.m. Reception and registration

8:30 a.m. Welcome Address

8:45 a.m. **1A >** Opening keynote
Resilience to Stress vs. Vulnerability to Depression: A Comprehensive Biological Approach

9:30 a.m. Break

9:40 a.m. **1B >** Distress and Suicide
in Children

1C > Mourning: A Unique
Path with No Right
or Wrong Way

1D > Because mutual
help is strong:
Transition Groups
Effectively Prevent
Suicide Among Men

1E > Fact or Fiction:
When Suicide
Prevention Gets
Real on the Web –
Examining the Series
Thirteen Reasons

10:55 a.m. Break and booths

11:15 a.m. **1F >** Overview of the
Work to Update the
Postvention Program
in Youth Network

1G > Reflective Practices
in Action: Problem-
Solving in Complex
Cases Involving
Suicide Risk
– Problems and
Interventions

1H > How Am I Doing?

1I > How Film and TV
Influence Our
Collective Vision
of Suicide

12:30 p.m. Lunch

1:30 p.m. **1J >** Suicide Prevention
in Schools –
Strategies that
Incorporate Scientific
Recommendations

1K-1 > *Avant de partir,
je voulais te dire: A Program
on Farmer Suicides*
1K-2 > Farmers in
Distress: Knowing the
Causes to Better Respond

1L > Strategies for
Reaching People
Who Don't Seek Our
Services

1M > Medical Assistance
in Dying: Clarifying
Practices for Suicide
Prevention Hotline
Staff

2:45 p.m. Coffee break and booths

3:05 p.m. **1N >** Success
Factors
of the
*Semblables
et différents*
Campaign in
Schools

1O-1 > Intervention in Farm
Communities and Building a
Network of Rank-and-File
Workers in Quebec: Part of a
Strategy to Prevent Farmer
Distress and Suicide
1O-2 > Reaching Out to
Farmers to Encourage Them
to Seek Help

1P > Wapikoni
Mobile

1Q > *Les
Maillons*
Project
Overview

1R > LGBT Seniors:
An Invisible
but Vulnerable
Population

4:20 p.m. Break

4:30 p.m. Reconvene for a word from AQPS

5:15 p.m. End of the day + free evening

Suicide Prevention in the Digital Age

DAY 2 THURSDAY, OCTOBER 4

**Suicide
Prevention
Congress**

7:45 a.m. Reception and registration

8:30 a.m. Welcome Address

8:45 a.m. **2A** > Opening keynote
"I Am Here With You": Trends in Technologies to Prevent Suicides in the 21st Century

9:30 a.m. Break

9:40 a.m. **2B** > Conference
Suicide Prevention in the Digital Age: Practice - Research - Ethics

10:40 a.m. Coffee break and booths

11 a.m. **2C** > Suicide Prevention on Social Media: Communicating Effectively and Safely

2D > Cyberaddiction: From Intervention to Prevention

2E > The Darknet and Suicide

12:15 p.m. Lunch

1:30 p.m. **2F** > Suicide Prevention via Text and Chat: Best Practices

2G-1 > The Virtual World of Teens at Risk of Suicide: Trends, Experiences, and Opportunities

2G-2 > RÉSO.COOL: A Mobile App for Suicide Prevention Among Young People

2:45 p.m. Break – Booths

3:05 p.m. **2H** > Study of Best Practices for Text-Based Suicide Prevention at Tel-jeunes

2I > Artificial Intelligence for Suicide Prevention

2J > PsyAssistance: A Scientifically Validated App for Managing Mood Day-to-Day and During Crises

4:05 p.m. Coffee break and booths

4:20 p.m. **2K-1** > Conference
Digital Practices for Preventing Suicide in Quebec: As Seen by Practitioners in the Field

2K-2 > Digital Strategy for Suicide Prevention: An Innovative Platform for Information, Detection, and Intervention

5:15 p.m. End of the day

**6 p.m.
to 8 p.m.** **Oktoberfest Party**

Public Policies, National Strategies, and Citizen Engagement in Suicide Prevention

Suicide Prevention Congress

DAY 3

FRIDAY, OCTOBER 5

7:45 a.m. Reception and registration

8:30 a.m. Welcome Address

8:45 a.m. **3A >** Opening keynote
National Suicide Prevention Strategies: What Makes Them Effective

9:45 a.m. Break

9:55 a.m. **3B >** Suicide Cluster Intervention Protocol

3C > Best Practices for Preventing Suicide in Quebec: Continuing Work and Consolidating Implementation

3D > Checking in with the Guys: Trends in Male Suicide and Social Responses in Quebec

3E > France's *Observatoire National du Suicide*: A Tool for Knowledge and Data Sharing

10:55 a.m. Brunch break and booths

11:15 a.m. **3F >** 1978–2018: 40 Years of Suicide Prevention in Quebec. What's Next?

3G > 1-866-APPELLE and 811 Join Forces: A Model of Success

3H > Suicide Prevention Under the *Sentinelles* Program: Training and Support Needs

3I > The Importance of Citizen Engagement in Suicide Prevention

12:15 p.m. Break

12:20 p.m. **3J >** Conference
Building Public Policies for Suicide Prevention

1 p.m. Reconvene for closing remarks

1:30 p.m. End of the forum

